

Perioperative Team "Answering the Call"

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Background

- Bayhealth Medical Center in Delaware employs more than 4,000 employees and has a medical staff of more than 400 physicians.
- Bayhealth had to implement a process that ensured safe care of patients and a redeployment plan for staff that resulted in protection for everyone during the Covid-19 pandemic.
- The leadership team evaluated our resources and devised a plan for appropriately educating and placing staff in the areas best suited to their background and skills.



Objectives

- Increase frontline staff caring for Covid patients
- Assess staffing resources available
- Educate Perioperative staff to assist with patient care and appropriate documentation.
- Educate Perioperative nurses to care for and discharge overnight patients within their own units
- Devise a redeployment plan for all staff

Staff Comments

- "Every day that I was redeployed someone thanked me. I felt as though I was providing some relief for an already exhausted ICU staff."
- "This is the most memorable time of my nursing career. I am closer now then I have ever been with some of my peers."

Implementation

1. Perioperative Redeployment Plan

Elective Surgeries on Hold

- Core group of perioperative staff remained on unit to care for urgent/emergent cases
- Created skills inventory list, match skill set with recent background and comfort level
- Work schedules were matched as close as possible to prior schedules.
- Online education modules completed for inpatient documentation
- Documentation training from Periop staff with recent floor experience

Periop Staff Filled Variety of Roles

- Full patient assignments
- Partial patient assignments
- Administered medications
- Titrated medical drips
- Personal care/baths
- Assisted proning patients
- One to one sitters
- Communication techs, pivotal in patient/family communication
- Covid Management team: telephone resource center for questions r/t covid exposures/quarantine, scheduled testing, and tracking symptoms of positive patients
- Collaborated with multidisciplinary staff to recognize patient decline and advocate for family bonding time

2. Discharging Overnight Pts

Elective Surgeries Resumed

- Minimal In-patient beds available, 2nd Covid surge occurred
- Perioperative staff provided 24 hour boarder care for inpatients without bed assignments
- Overcame inpatient documentation and discharge challenges with mentor training
- Boarders for PACU were present 5-7 days a week for several months
- Boarders for Day Surgery were present 2-3 times weekly for several months
- Increased on call to 24 hour coverage in Day Surgery for boarders
- Staffing incentives, rewards and recognitions offered
- Collaboration with physical therapy to discharge total joint patients
- Patient comfort measures provided ipads and music therapy offered closed door rooms when possible encouraged remote family communication

Lessons Learned

- All staff members have value and individual skills that are able to be used in some capacity during a pandemic. Creating a skills inventory list is essential.
- When redeploying staff, match skill set as close as possible with required tasks. Every employee is different with unique attributes.
- Frontline staff caring for the most critical patients must be supported with as many helping hands and additional staff as possible.
- Employees seek clarity of role and responsibilities during the transition. Identify their specific duties before assignment.
- Assess for staff stressors and minimize as many as possible.
- Deployed staff should be supported emotionally with leadership open door policy to discuss daily challenges; helpful in avoiding PTSD.
- Schedule changes should be given with as much advanced notice as possible.
- Leadership support, rounding is essential.



Successful Practices

- Improved patient care and outcomes by providing help to frontline staff
- Improved documentation skills for perioperative staff, now able to care for in patient population
- Mutual respect between staff and leadership
- Cross training between pacu and day surgery
- Improved disaster preparedness